metro

BOSTON NO. 1 FREE DAILY IN THE US

Wednesday, October 3, 2018 metro.us | t: MetroBOS | f: MetroB

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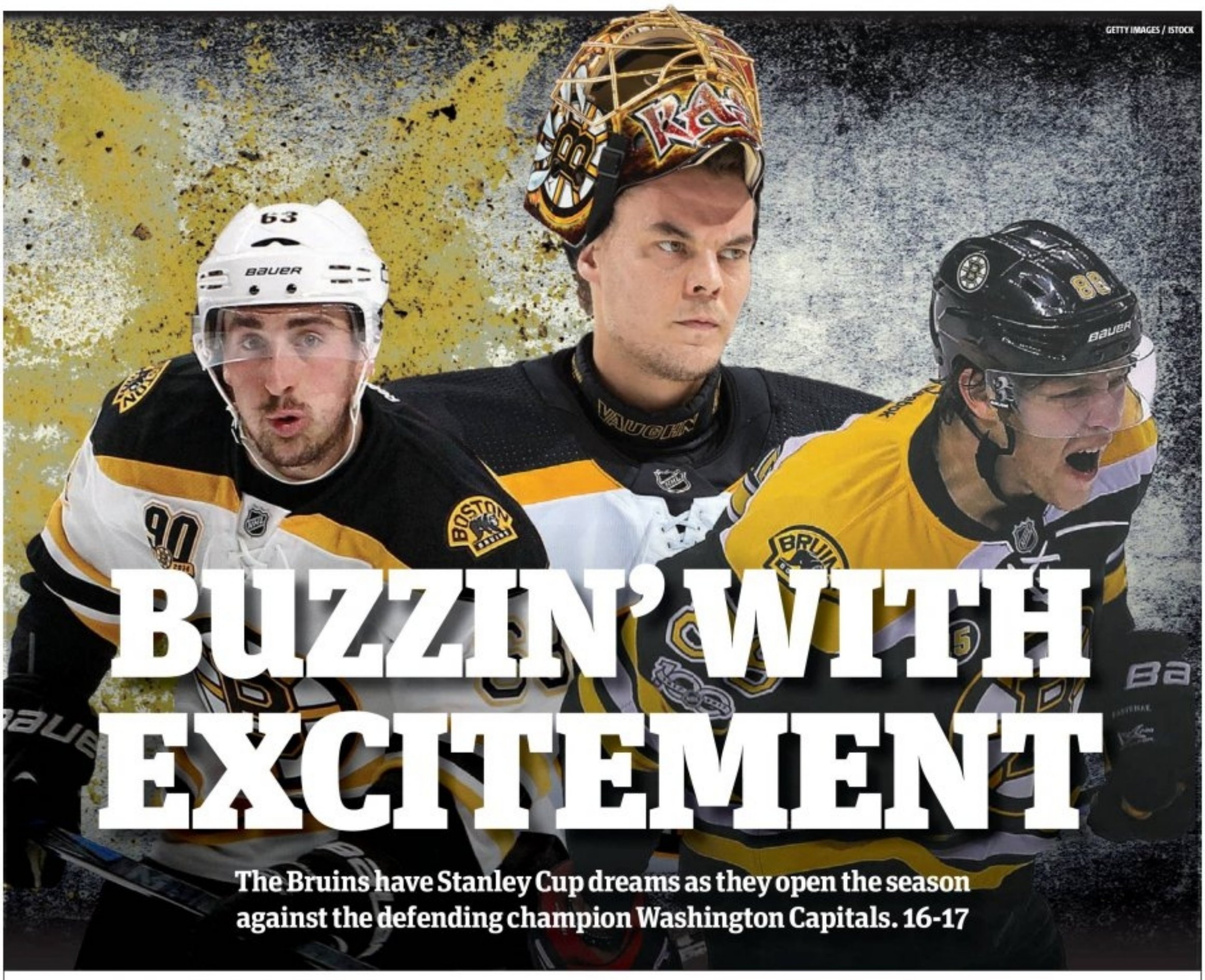
ROCK ON

Rami Malek brings "Bohemian Rhapsody" to Boston. 12-13

Sip and socialize at this 'Better' Boston hotel bar. 10

CAITLIN CUNNINGHAM

Why is Massachusetts so politically active? 4



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BUZZIN' WITH EXCITEMENT

The Bruins have Stanley Cup dreams as they open the season against the defending champion Washington Capitals. 16-17

Fall Open House

Free Admission!
Monday, October 8

Enjoy a day of family fun including art making, guided tours, and live musical performances.

Lois Mailou Jones, *La Baker* (detail), 1977. Acrylic and collage on canvas. Gift of the Lois Mailou Jones Pierre-Noël Trust. © Lois Mailou Jones Pierre-Noel Trust. Photo courtesy of Tory Rinaldo.

mfa Museum of Fine Arts Boston

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5 THINGS TO KNOW

WELCOME TO METRO BOSTON

MATT BURKE, SPORTS EDITOR

It seems like we're about to enter a second golden age of Boston sports, with all four major pro teams looking like legitimate championship contenders. The Bruins open their 2018-19 slate tonight against the reigning Stanley Cup champs in Washington, and it could be the start of a championship ride for the young B's. The Bruins have a unique mix of veteran holdovers from the last Cup title in 2011, and now have the young guns to supplement that older talent. For more on the Bruins, check out Pages 16-17 and **metro.us.**

FEDS ARREST 4 MEN IN CONNECTION TO VA RALLY

1 Four men linked to a white supremacist group were arrested on Tuesday in connection with the white nationalist rally that turned deadly in Charlottesville, Virginia, last year, authorities said. They were arrested in California and were to be transported to Charlottesville after making initial appearances in federal courts in California on Tuesday, U.S. Attorney Thomas Cullen said at a news conference. U.S. Justice Department officials said the men had traveled from California to incite a riot and bring violence to the August 2017 rally in the Virginia college town. They said the men were part of an organized, militant white supremacist group, named in the criminal complaint as the "Rise Above Movement." Each man faces 10 years in prison if found guilty, according to authorities. Cullen said he expected a trial could start as soon as the end of the year. Authorities decided the men's alleged activities could be prosecuted under a federal statute on riots, instead of laws prohibiting hate crimes, but Cullen said there may be other charges against them.

TRUMP HELPED PARENTS SHIELD MILLIONS IN TAXES

2 President Donald Trump engaged in tax schemes that included cases of fraud in which he and his siblings helped their parents dodge taxes, The New York Times reported on Tuesday. The Times investigation, which a Trump lawyer said was inaccurate, showed Trump received the equivalent today of at least $413 million from his father's real estate business, citing a "vast trove" of confidential tax return and financial records. The Times reported that much of that fortune came to Trump because he helped his parents evade taxes, setting up a fake corporation with his siblings to disguise millions of dollars in gifts from their parents. During his presidential campaign, Trump promoted himself as a self-made real estate mogul who started out with only a "very small" loan from his businessman father, Fred Trump. The Times said its findings were based on more than 200 tax returns from Fred Trump, his companies and various partnerships and trusts. The records did not include Donald Trump's personal tax returns. Trump lawyer Charles Harder told the Times: "President Trump had virtually no involvement whatsoever with these matters."

APPLE HARVEST IN KASHMIR

3 Laborers carry boxes of apples in an orchard during harvesting season on Monday in Tral, south of Srinagar, the summer capital of Indian-administered Kashmir. Apple harvest is at its peak, but farmers are saying that the prices this year have slumped in major markets across India. Adding to their disadvantage are the rising freight rates by the truckers who ferry them to Indian markets. Kashmir's orchards produce 1.2 million tons of apples annually, the second-largest harvest in India. About 800,000 tons of the produce is exported to other parts of India and the rest consumed locally. Kashmiri apples have gained popularity across the globe for their unique yet delicious taste. The valley boasts around 113 varieties of Kashmiri apples.

GETTY IMAGES

PREZ: 'SCARY TIME' FOR MEN FALSELY ACCUSED

4 President Donald Trump said on Tuesday allegations of sexual misconduct against his U.S. Supreme Court nominee Brett Kavanaugh showed that "it's a very scary time for young men in America" who now may be presumed guilty even when innocent. Five days after an extraordinary Senate hearing watched by millions of people in which a university professor, Christine Blasey Ford, detailed her sexual assault allegation against Kavanaugh, Trump seemed to raise the issue of false accusations against men. The fight over Kavanaugh's nomination to a lifetime job on the top U.S. court comes against the backdrop of the #MeToo movement fighting sexual harassment and assault that has toppled a succession of powerful men. Under pressure from moderate fellow Republicans, Trump on Friday ordered an FBI investigation lasting up to a week into the allegations against his nominee. Trump told reporters on Tuesday he thought the conservative federal appeals court judge would win Senate confirmation once the FBI finishes its investigation.

CHICAGO COP DEFENDS SHOOTING OF BLACK TEEN

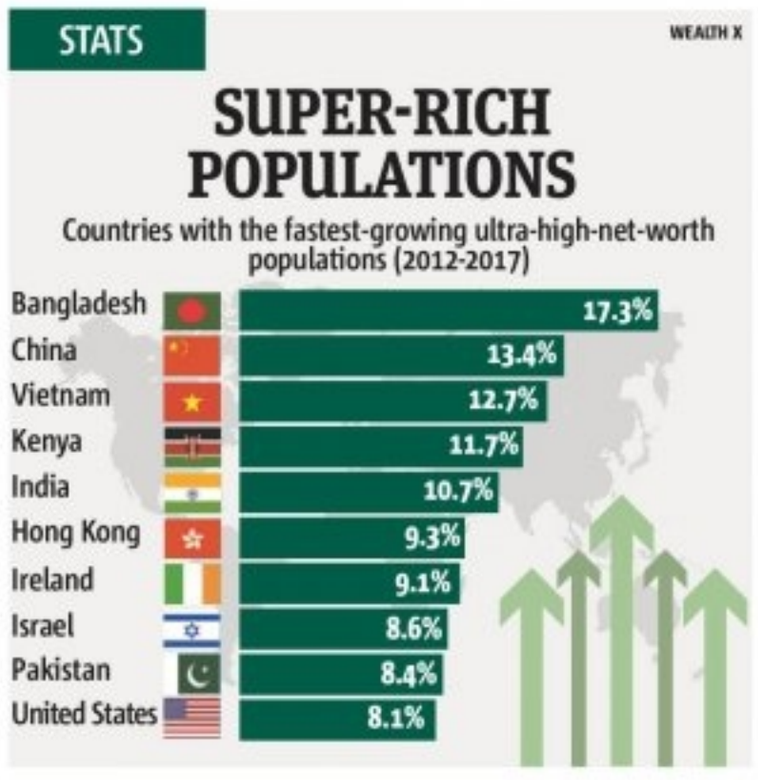
5 The white Chicago police officer who shot to death a black teenager in 2014 told jurors at his murder trial on Tuesday that he felt threatened when he opened fire, as he took the witness stand in his own defense. Jason Van Dyke, 40, is accused of shooting 17-year-old Laquan McDonald 16 times and faces charges of first-degree murder, aggravated battery and official misconduct in a case that has focused attention on race relations and policing in the third-largest U.S. city. He is the first Chicago police officer to face a murder charge for an on-duty incident in decades. Wiping tears away at times, Van Dyke testified that McDonald "never stopped" advancing toward Van Dyke, getting about 10 to 15 feet away from him. "His face had no expression," Van Dyke said under questioning from his lawyer. "His eyes were buggin' out." McDonald waved his knife and was still holding the knife when he fell to the ground, Van Dyke said, adding that he shot at the knife. Van Dyke said he did not know how many shots he fired at the time and stopped shooting when McDonald fell.

STATS

WEALTH X

SUPER-RICH POPULATIONS

Countries with the fastest-growing ultra-high-net-worth populations (2012-2017)



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Here's why Massachusetts is so politically active today

A recent report says Massachusetts residents would travel farther than most Americans for a protest, but what goes into motivating someone to take to the streets?

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DEREK KOUYOUMJIAN / METRO

Massachusetts residents seem to stand out when it comes to political action, according to a report.

Bay Staters said they would be prepared to travel 7.2 hours away from home to take part in a protest they believed in, according to a Shield-Co survey. That's higher than the national average of 5.5 hours, and much more than New England neighbor Rhode Island, where residents said they would only travel an hour away for a protest.

The survey also found that nearly half of all respondents (49 percent) were more likely to protest an issue in 2018 than any other year. The top issues worth protesting over were politics or political figures; gender equality; racial equality; the environment; and economic/labor rights.

Metro spoke with Danilo Mandic, a postdoc in the Harvard Sociology Department, for more insight on what motivates some to protest more.

You once noted that social movements have become "a central feature of American political life." Why, and has that increased?
Given U.S. history, social movements have been central to American politics for a long time. One of the interesting things about the various movements is how they stand on the shoulders of their predecessors. Any given movement today may appear very new and original, but more often than not it's relying on tactics, frames, strategies and tricks from movements that have succeeded and left a mark in the past, sometimes decades ago.

Is there a trait that makes someone inclined to protest or travel farther for rallies?
No single trait, but social scientists are always scrambling to find one. A very important factor is social capital.

Another is what's called "biographical availability" — the people who organize and get mobilized are not the poorest of the poor, or the most oppressed. Rather, it's relatively well-off, privileged people who have time, resources and financial stability to devote themselves to organizing. So the people who join movements are the ones who can afford to. Youth is another trait — perhaps movement leaders are not particularly young, but the rank-and-file are disproportionately so.

Are residents here more political than elsewhere?
Again, biographical availability must be part of the story. Not everyone can afford to travel longer distances, and Massachusetts is relatively well-off as a state, socioeconomically.

On the whole, I would think a tradition of protesting and organizing would increase the willingness across time. But I would also like to see if this difference in stated willingness actually translates into action.

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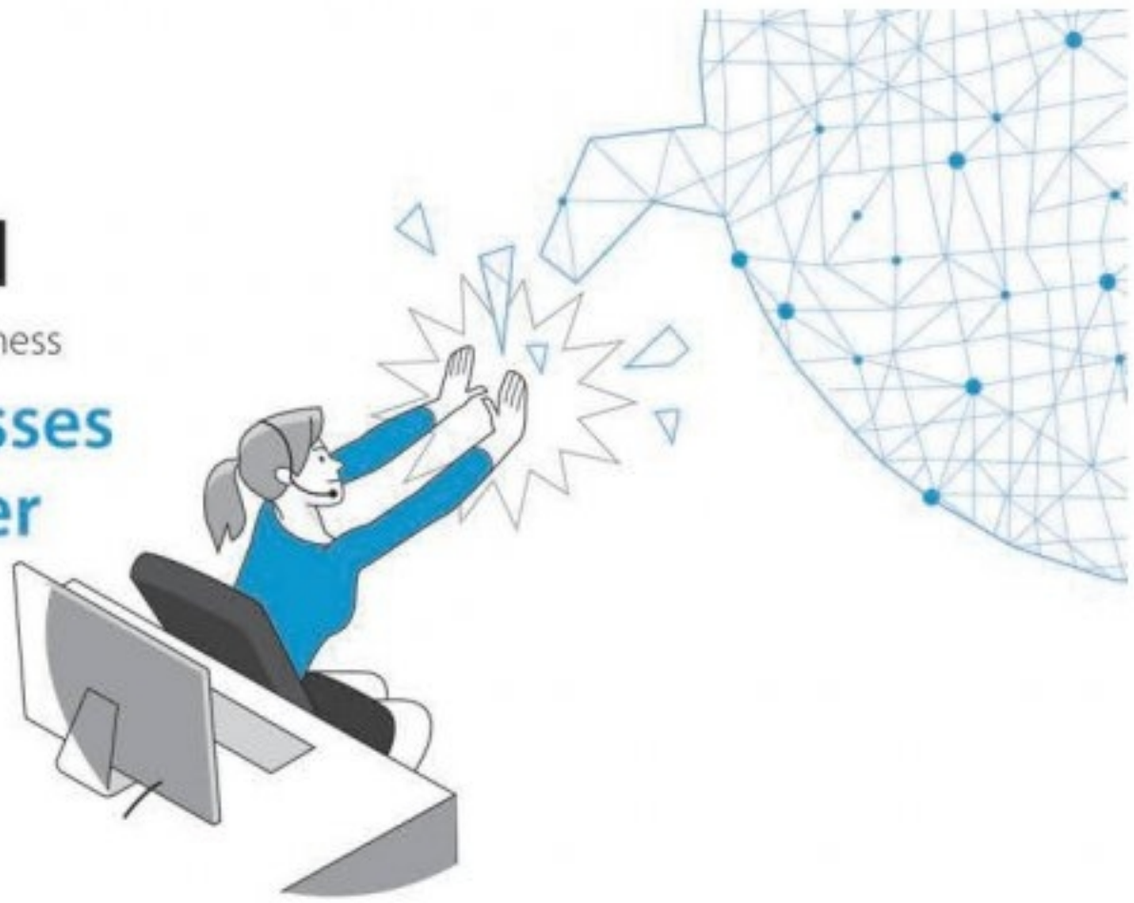
Defend, Detect and Repel

Part three of a three-part series on cybersecurity for small business

Fighting back: How small businesses can detect, respond and recover from a cyberattack



Even though 78% of cyberattacks are aimed at small businesses, only 15% of them have a plan to deal with an attack. (Verizon Enterprise, 2018; Better Business Bureau, 2017)

This explains why small business cyberattacks can be so devastating. Losing money and data can be compounded by loss of reputation, customers and intellectual property.

"They might pay in a ransomware attack and still not get their data back," says Megan Wright, a Technology Advisor with Dell Small Business. "Small businesses can just get wiped out."

Before an attack: Back up data and keep the network secure

Many cyberattacks are aimed squarely at your data. In ransomware attacks, data is held hostage for a cash payment. In other cases, hackers may be after customer data or account numbers.

Wright encourages all small businesses to back up all critical data. A strong backup plan involves:

- **Automation:** Make sure critical data is identified and backed up regularly
- **Redundancy:** Ideally you will have local and cloud backups
- **Isolation:** Backups should be sequestered from the main network
- **Accessibility:** Someone should know how to access the backup

Businesses need to practice good basic security as well: strong passwords, the latest laptops equipped with security-enhancing 8th gen Intel® Core™ i5 vPro™ processors and hardware login security like TP M 2.0 (Trusted Platform Module), fingerprint readers and facial recognition, and installing anti-virus and firewall solutions. Small businesses should also assign someone responsibility for information security.

During an attack: Detect, report and react

The first rule is don't panic. The second is to act fast. The employee tasked with security should immediately track down, isolate and remove the infection, or bring in someone who can.

Since many attacks come through email and the web, all employees should be trained to spot and report them.

"I tell small businesses, security doesn't just come from me as a technology advisor," says Wright. "It has to be a priority for the entire business."

Employees also need to be on the lookout for financial scams, like urgent orders to transfer money supposedly from business leaders. "Make it a policy to be over-cautious," Wright says.

After an attack: Getting back on your feet

A business with a solid incident response plan will be able to recover much faster than one that needs to rebuild.

"Remove affected devices and files and swap in your clean backup files," Wright said. "Depending on the level of the attack, you might also bring it to the authorities."

Small businesses need to make sure they secure the trust of their customers. "Your customers are why you exist," said Wright. "They trust you with their data. That is worth all the protection you can give it."

Five steps to take before and during a cyberattack

Back up everything beforehand: A safe, uninfected data backup is critical to recovery.

Don't panic: Plan ahead of time and train your team.

Check on your backup and keep it secure: When an attack happens, ensure the backup is safe.

Make your network secure: Remove affected devices and files and close the breach.

Get back on your feet: When appropriate alert affected parties and swap in your backup.

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Kavanaugh will not return to teach at Harvard Law

Kavanaugh was scheduled to teach "The Supreme Court since 2005."

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

Supreme Court nominee Brett Kavanaugh will not return to teach at Harvard Law School this winter.

Harvard Law School students previously wrote an op-ed calling on the administration to take the sexual assault allegations against Kavanaugh seriously and investigate him before allowing him back on campus. The students previously told Metro that they hadn't heard back from school officials regarding the op-ed days after it was published and that students also called the dean's office directly to inquire about Kavanaugh teaching there, but were dismissed.

Brett Kavanaugh testifies before the Senate Judiciary Committee. GETTY IMAGES

On Monday night, Associate Dean and Dean for Academic and Faculty Affairs Catherine Claypoole sent an email to Harvard Law School students on the subject.

"Today, Judge Kavanaugh indicated that he can no longer commit to teaching his course in January Term 2019, so the course will not be offered," wrote Claypoole on behalf of the Law School's Curriculum Committee. The email was forwarded to Metro.

Kavanaugh was scheduled to teach a course called "The Supreme Court since 2005" in January 2019. That course has now been removed from the digital course catalogue on the Harvard Law School website.

Haley Adams, a second-year Harvard Law student and a member of the Pipeline Parity Project, said that seeing that email gave her relief, but it was also underwhelming.

"It was relieving in that we got the outcome that was desired, which is that he will not be teaching here in the winter, but it was underwhelming and kind of disappointing to know that the administration was unwilling to take a stand on someone who has been credibly accused of sexual assault on multiple occasions," she said.

Adams reiterated that hundreds of law school students sent emails to Dean John F. Manning, most of which were answered with a form letter, and that the email from Claypoole fails to provide much information.

"For this to have been how this all went down is underwhelming, is the phrase I keep coming back to," she said of Claypoole's email. "It feels slightly unsatisfactory to know that it sounds like, according to the email, Judge Kavanaugh was the one who made the decision."

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MassDOT issues travel advisories ahead of Columbus Day weekend

Planning to head out on a Columbus Day weekend get-away? Here's what to know about Massachusetts roads for the holiday.

KRISTIN TOUSSAINT
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Columbus Day is coming up, and for many in Massachusetts and beyond that means a three-day weekend.

If you're planning to travel over the weekend, take note. The Massachusetts Department of Transportation is already alerting residents to some travel advisories

According to the DOT, Columbus Day weekend is one of the busiest weekends of the year on state highways, so before you hit the road, here's what to watch out for.

A holiday weekend means a holiday schedule for HOV (high occupancy vehicle) lanes between Boston and Quincy. The Boston I-93 HOV lane will open early Thursday, Oct. 4, at 2 p.m., and will open at 1 p.m. Friday, Oct. 5. The HOV lane will not be deployed Columbus Day, Monday, Oct. 8.

The Sumner Tunnel Swing Lane will open at 3 p.m., Friday, Oct. 5, and will remain open until 5 a.m., Tuesday, Oct. 9.

In recent years during Columbus Day weekend, MassDOT has seen traffic congestion during the late afternoon hours on the Thursday and Friday before Columbus Day, especially on highways that bring drivers to "popular fall destinations" like Cape Cod, New Hampshire and Maine.

Registry of Motor Vehicle customer service locations will be closed on Columbus Day, along with all Commonwealth of Massachusetts offices.

"Columbus Day weekend is one of the busiest weekends of the year on state highways."
DOT

If you're driving to your Columbus Day weekend getaway, DOT officials encourage you to allow extra time for your trip and to get updates on traffic conditions by calling 511, visiting mass511.com, following MassDOT on Twitter @MassDOT and downloading the MassDOT GoTime mobile app.

Officials are encouraging Massachusetts residents to use public transportation over Columbus Day weekend to avoid traffic on the roadways. The MBTA will operate on a weekday schedule on the holiday. Visit mbta.com for more information.

Costly Joint-Pain Injections Replaced By New $2 Pill

New pill boosts the same lubricating joint fluid as expensive and painful injections - without using a needle. Users report dramatic relief from swelling, pain and stiffness without side effects and expense.

Health News Syndicate

HNS—A popular needle injection for people with joint pain is now available in an inexpensive nonprescription pill. The breakthrough came when researchers discovered a way to deliver the injected "relief molecule" through the digestive system.

Top US clinics have used these needle injections for years because they deliver powerful relief. Unfortunately, the shots are painful and expensive. They also only work on the joint being treated.

The new pill, called Synovia, delivers the same "relief molecule" as the injections. However, it has some impressive advantages. First, it's inexpensive and nonprescription. Also, relief is delivered to every joint in the body because it enters the bloodstream through the digestive system.

This gives it the ability to reduce a much wider variety of pain. Users report greater flexibility and less stiffness in their knees. Hands and shoulders move pain-free for the first time in years. Even neck and lower back pain improve dramatically.

All this without spending over $600 on needle injections and taking trips to the doctor every week.

The medical community is very excited about this new breakthrough. Dr. Jacob Moss says, "Synovia is a great option for those suffering from joint pain. Injections are usually a last resort because of the pain and expense. However, Synovia should be taken at the first sign of discomfort."

New Discovery

The needle injection procedure has been given to hundreds of thousands of patients over the last several years.

Doctors use the shots to boost a critical element of the joint called synovial fluid. This lubricating fluid is found between the cartilage and bones of every joint.

According to the firm's head of R&D, Mike McNeill, "Researchers have been working for years to find a way to boost this luid noninvasively. The problem was the molecule used in the injections was too large to absorb into the bloodstream."

Top scientists conquered this obstacle by finding a smaller form of the same molecule. This new glucose form is easily absorbed by your stomach and intestines!

Now those who suffer from joint pain can get relief without painful injections. At less than $2 per day, early users like Steve Young are impressed. He says, "I've tried more pills than I can count, without any luck. Synovia is different. My knees and hands haven't felt this good in years!"

Impressive Clinical Results

Leading clinics use injection therapy because it works. Recent clinical trials show the pill form also delivers major relief.

One example is a landmark study out of Europe. In the study the active ingredient in Synovia was compared to a popular NSAID pain reliever. The goal was to see if it could reduce pain and swelling around the knee. The results were incredible!

After just 30 days, more than 8 out of 10 people who took Synovia's active ingredient had NO swelling. However, only 2 out of 10 people who took the NSAID experienced reduced swelling.

The study also looked at cases of severe swelling. Amazingly, zero cases of severe swelling were detected in the group taking the active ingredient found in Synovia. This means it was 100% effective for the cases of severe swelling!

In contrast, 9 out of 10 people taking the NSAID still had severe swelling. McNeill points out, "The impressive thing about this study is the active ingredient wasn't tested against a fake pill. It was up against one of the most popular NSAIDs people use every day. It's easy to see why people in pain are excited to get relief without an injection."

The New Way It Delivers Relief

Getting relief without injections has big advantages. The most obvious is avoiding being stuck by a large needle every week for 5 weeks.

Another downside of injections is the doctor can "miss". The needle needs to be inserted into a precise spot in the joint to work. Otherwise, you risk the treatment being ineffective.

However, boosting your lubricating joint fluid by taking a pill delivers relief to all your joints, not just one.

There's an additional reason the active ingredient in Synovia works so well – it nourishes the cartilage.

McNeill says, "This is vital because cartilage does not have blood vessels. The fluid in the joint serves two very important pain-relief roles: lubrication and giving the cartilage the nutrients it needs."

NO MORE NEEDLES: A popular needle injection pain-killer for joint pain is being replaced. The key molecule in these injections can now be delivered by taking a new low-cost pill called Synovia.

Approved By Leading Doctors

The new delivery system for this molecule has caught the attention of leading medical doctors.

"Needle injections for joint pain have been around for years because they work. Being able to get the same relief molecule through a pill is amazing. Injections may be a last resort, but I'd recommend Synovia at the irst sign of pain," said Dr. Marie Laguna.

Dr. Moss adds, "The research behind the active ingredient in Synovia is very exciting. This product is a great choice for those who haven't had success with other joint pain treatments."

110% Money Back Guarantee

Amazing feedback from users of Synovia has generated a wave of conidence at the company. So much so that they now offer Synovia with a 110% money back guarantee.

The company's president, Michael Kenneth says, "We've seen how well it works. Now we want to remove any risk for those who might think Synovia sounds too good to be true."

Simply take the pill exactly as directed. You must enjoy fast acting relief. Otherwise, return the product as directed and you'll receive 100% of your money back plus an extra 10%.

How To Get Synovia

Today marks the official release of Synovia in Massachusetts. As such, the company is offering a special discounted supply to everyone who calls within the next 48 hours.

A Regional Order Hotline has been set up for local readers to call. This is the only way to try Synovia with their "110% money back" guarantee.

Starting at 6:00 am today the order hotline will be open for 48 hours. All you have to do is call TOLL FREE 1-888-457-0642 and provide the operator with the special discount approval code: SYN18. The company will do the rest.

Current supplies of Synovia are limited, and callers that don't get through to the order hotline within the next 48 hours may have to pay more and wait until more inventory is produced. This could take as long as 6 weeks.

UNHEALTHY: No lubricating fluid or cartilage leads to painful bone-on-bone rubbing.

HEALTHY: Synovia's active ingredients lubricate joints and nourish cartilage!

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Better Sorts Social Club opens its doors this week. CAITLIN CUNNINGHAM

A 'Better' Boston hotel bar opens Downtown

A new addition to the Boston hotel bar scene is set to open its doors this week.

Setting up shop on the second floor of the Kimpton Nine Zero Hotel in Downtown Crossing, the Better Sorts Social Club hopes to break the mold when it comes to hotel watering holes. The cocktail lounge, which will officially debut Thursday, Oct. 4, forgoes the stuffy vibe of your typical hotel bar, instead offering an elegant yet playful, low-key space for all kinds of visitors to enjoy.

Featuring views of the historic Granary Burying Ground and a seperate street entrance, the Better Sorts Social Club is a beautiful lounge that's adorned with jewel-toned furniture, European oak flooring, wood walls and all sorts of eye-catching decorations. The space was designed by the Punch firm and draws inspiration from the city's architecture as well as modern influences.

Aside from the decor, the hotel bar has a wide array of delicious bites and sophisticated drinks on its menu. Head bartender Naomi Levy has put together quite the beverage program, putting an emphasis on seasonal yet refined flavors for cocktails that are both contemporary as well as pay homage to the era before Prohibition.

Guests can expect one-of-a-kind offerings such as the *caccio e pepe*, a new spin on the martini featuring Ketel One vodka, gouda-infused vermouth and black pepper pasta water syrup. Other interesting cocktail creations include the Sherry Cobbler, made with sherry, lemon, thyme and cranberry; the Lost in the Supermarket, made with Privateer amber rum, butternut maple and sassafras bitters; the Return of Major Tom, featuring a mix of Asian pear toki, orgeat, burnt toast tincture, egg and ash; and the Fifteen Minutes, made with a mix of peanut basil Hayden, collards, aquafaba, lemon stock and hot pepper jelly.

And if you're not a cocktail person, don't worry. Better Sorts Social Club will have a rotating list of wines and craft beers on hand, including many selections of brews and ciders that come from New England.

On the food side of things, chef Steven Hamilton put together a fun menu of bites and shared plates. Dishes include a Vermont cheddar fondue that comes with brussels sprouts and crispy fingerlings, portobello fries with a vinegar aioli and charcuterie. Chef Hamilton has also put his own spin on shellfish cocktails, short rib Wellington and more. MATT JUUL

MIKE DISKIN

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"Bohemian Rhapsody" opens in theaters Nov. 2. ALEX BAILEY/TWENTIETH CENTURY FOX

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Rami Malek, 'Bohemian Rhapsody' stars rock out in Boston

The actors were in town this week for a special screening of the Queen biopic.

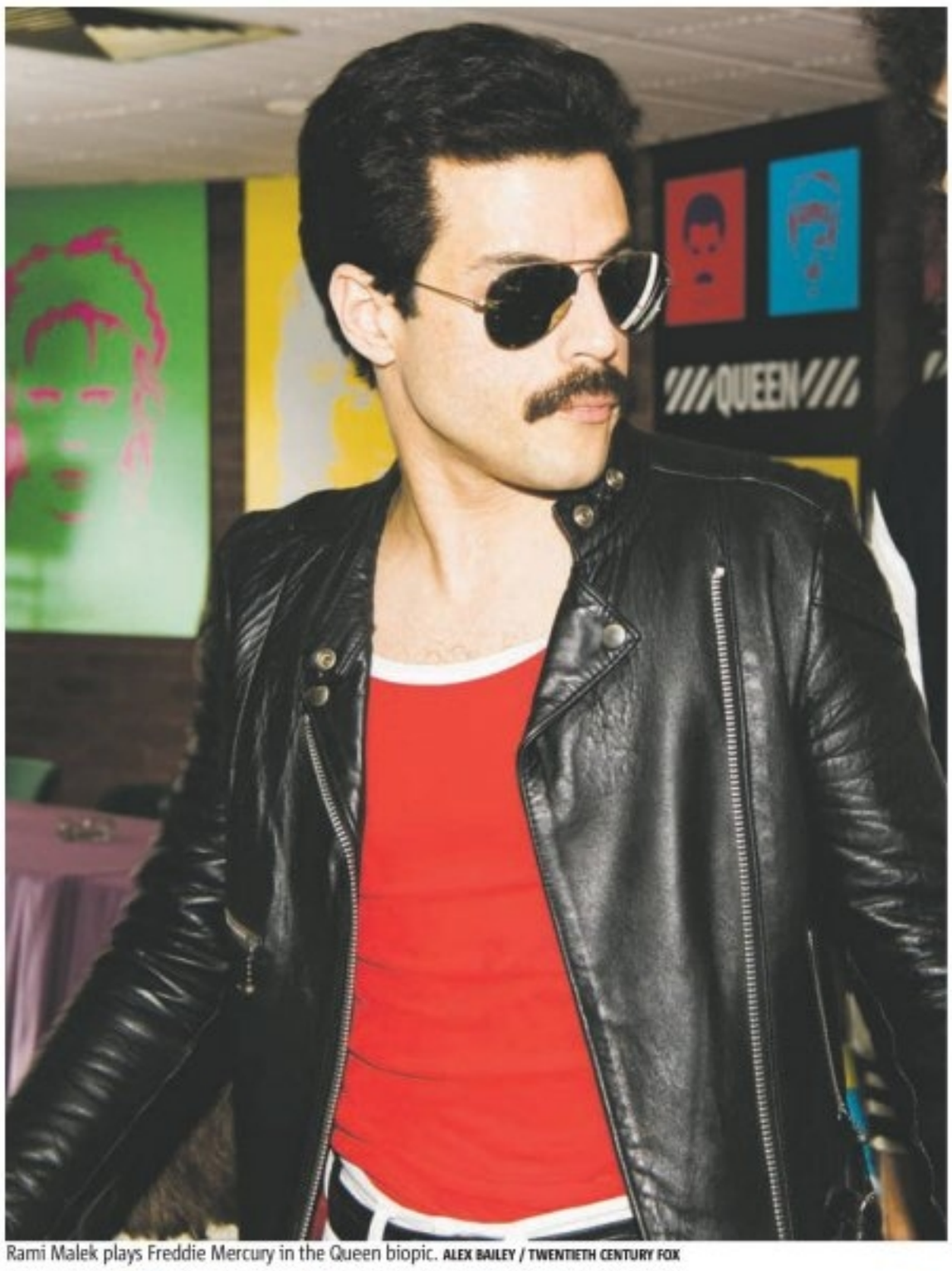
MATT JUUL
matthew.juul@metro.us

Rami Malek, Gwilym Lee and Joseph Mazzello brought the magic of Queen to Boston on Monday night.

Prior to joining area college students for a Q&A session following a special screening of "Bohemian Rhapsody" at the AMC Loews Boston Common, the actors got a chance to rock out on the red carpet as a professional marching band played Queen classics like "Fat Bottomed Girls" and "We Are the Champions." When it comes to the latter tune, Malek and company were torn when asked whether the track was tailor-made for the Hub, because this is the city of champions, after all.

"It's definitely a big sporting-event chant," Malek coyly remarked. "I don't think Queen even knew how big it would be in the States as a crowd pleaser at every sporting event.

"I'm from New York, — those 27 World Series might say something different," said Mazzel-



Rami Malek plays Freddie Mercury in the Queen biopic. ALEX BAILEY / TWENTIETH CENTURY FOX

lo. "'We Are the Champions,' what a song. I loved it even more learning to play it."

Lee, who hails from across the pond, seemed to agree that the song is a perfect anthem for Boston. "'City of champions?' Yeah, I'll take that."

During the festivities, Malek also spoke with Metro about his experience working on the highly-anticipated new biopic.

"You see how bold and audacious he could be, but there's such a generous, warm side of him as well, a very sensitive side," Malek said of portraying frontman Freddie Mercury. "I think the movie portrays that very well. You get to see him peacocking on stage and this very liberated side of him. But at the same time, you see someone who is quite inhibited at points in his life and trying to discover himself."

Malek, whose parents immigrated from Egypt, could relate to Mercury's story on a very personal level, as the late performer was of Parsi descent and lived in Zanzibar and India before relocating to England as a teen. While the "Mr. Robot" star didn't know about Mercury's heritage going into the project, once he found out, Malek wanted to make sure the film highlighted the singer's immigrant background.

Gwinlym Lee, Rami Malek and Joseph Mazzello. GETTY IMAGES

"That was something that I wanted us to focus on early on in the early incarnations of what this film would be," said Malek. "I thought it was one of the most important things for us to portray in the film. I think we need to send that message to everybody, which it sounds ridiculous, but pure equality and humanity and that we all can exist without labels or categories or be boxed into any one thing. No one did that better than Freddie Mercury. He said, 'I exist in any way I want to, and you can too.'

"I look to him as someone who was a revolutionary, refused to be stereotyped," he added. "He defied every convention and that is something I can only aspire to do in my own work and my life."

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Taran Killam on why *'Single Parents'* isn't a traditional family show

The "SNL" alum is back on the small screen with the new ABC sitcom.

ANDREW HUSBAND
letters@metro.us

Taran Killam stars in the new ABC sitcom "Single Parents." RICHARD CARTWRIGHT / ABC

With "Single Parents," the new ABC comedy from "New Girl" alums Elizabeth Meriwether and J.J. Philbin, former "Saturday Night Live" cast member Taran Killam is yet again part of an ensemble.

The thing is, the actor doesn't seem to mind at all.

"It's definitely a different gear to play the same character week after week, and now we're heading into our ninth week," he says from the set. "That feels new to me. It's a new experience, but I'm really enjoying that aspect. The writers are so smart and good at what they do, and even more to their credit, they're very open and collaborative. If we have ideas or jokes that we want to try out, they're all for it."

Killam plays Will Cooper, a single father who devotes his life entirely to his daughter Sophie, played by Marlow Barkley. Leighton Meester, Brad Garrett, Kimrie Lewis and Jake Choi round out the cast of fellow single parents, who reluctantly take Will under their wing following a disastrous morning session in their children's classroom.

It's a fun, lighthearted show, and much like "New Girl" and "SNL" before it, the ensemble is what makes it shine. This is especially true of Barkley and the other young actors who, in a way, comprise an ensemble all their own. And as Killam attests, working with them on "Single Parents" is one of the most unique aspects of the series.

"I had never worked with kid actors this much before in this sort of long-term capacity, but I do feel that we've been incredibly fortunate to have not only the most talented kid actors, but also the nicest," he says.

"They're who people are going to tune in to watch the show for, because they're so funny and good," adds Killam. "This isn't a traditional family show, where you have the high school brother, the middle school sister and the precocious young one. They're all around the same age. They're creating their own community, and that's very unique. You don't often see that."

In other words, the comedy ensemble nature of "Single Parents" is actually twofold, with the parents and their children comprising two different groups. Whenever they interact, however, the comedy that ensues is as funny as it is delightful.

Toward the conclusion of the premiere episode, Will performs a song from the Disney film "Moana" over the phone with Sophie. It's a lovely scene that, along with tugging at the audience's heartstrings, also dives into the comedy whenever appropriate (like when Garrett's Douglas Fogerty joins in). But it also displays Killam and Barkley's rapport.

"She blows me away daily," he boasts, not unlike a proud father. "I'm just unbelievably impressed with her, but she's also able to be very present. I think that's her biggest skillset, because I'm coming from a comedy background in which I like to be loose and improvisational. Not only can she keep up, but she'll give her own input. It's really made for an organic father-daughter relationship in the show."

"Single Parents" airs Wednesdays at 9:30 p.m. on ABC.

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Nathan Morris of Boyz II Men on his passion for flipping houses

The singer tells us about his brand new series "Hit Properties With Nathan Morris."

PAT KING
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MARIA BOWERS

Nathan Morris is a builder.

During his nearly 30-year career as member as part of Boyz II Men, along with Shawn Stockman and Wanya Morris, his hits have included "End of the Road" and "I'll Make Love to You."

While Boyz II Men still performs, including a residency at The Mirage in Las Vegas, Morris has been expanding his interests to real estate and, specifically, flipping houses. This passion has led him to his own show, "Hit Properties with Nathan Morris," on the DIY Network.

The show follows the singer on his journey to renovate and flip an 8,200-square-foot abandoned mansion in Miami, Florida. We caught up with Morris to find out if he has any advice for people looking to get into flipping houses and what the future holds for Philly's own Boyz II Men.

What first got you interested in flipping houses?

Well, it's funny. I've been investing in real estate for a while. Some pretty lucrative deals with my manager and another partner that we have.

As far as the construction and design stuff, I've done that more on the personal side with my homes and everything that I've done, but I've never really brought the two together.

Over the last year and a half or so, we've been trying to do things of that nature, and this happened to be one of the bigger projects that we were doing and we wanted to come up with an idea to do a show around it and it made sense. For me, it makes sense to do both at the same time because I love doing the construction and the interior design stuff. I was invested anyway. So, it made all of the sense in the world to me.

Did flipping this house help you understand the difference between investing time and investing money?

Sweat equity is important! I realized that from flying back and forth from Las Vegas every weekend — or every other weekend — when I had to get there to work on the show. There is a different understanding of it when you do it. When you think about why people tend to charge so much for kitchens and bathrooms it's because there is a lot of time and sweat equity put into it. But when you do it this way, you do understand what the differences are.

What were some of the hurdles that you encountered during this project?

As a creative person and a creative artist, the toughest hurdle for me was focusing on staying neutral. Because when you're flipping a house for a sale there's a difference versus buying a property that you'll keep and then maybe sell one day. You've got to keep it as neutral as possible so you can get as many people as possible to come through as you can.

In my case, I'm creative so I like to do a lot of different things. But I had to kind of back it down just a bit to make sure that it wasn't corny and so "blah" that it was boring but it was neutral enough to still have some energy and some pop that people would want to come through and envision themselves living in that house.

What is going on with Boyz II Men? Do you guys have any upcoming plans?

We always have plans. It's funny — maybe a lot of people don't know — but we've had a residency in Las Vegas for the last five years. So we've been out there performing at least 20-22 weekends a year alongside all of the corporate gigs and stuff that we do in between. Then we take on specialty projects. We still do music but I don't say that we would do the typical "let's go into the studio and make an album" thing. ... Over 27 years, we've built up enough creative options that we have the options to do what we like and not do what we don't like. It just makes life a lot easier.

"Hit Properties with Nathan Morris" premieres on the DIY Network on Saturday, Oct. 6 at 10:30 p.m.

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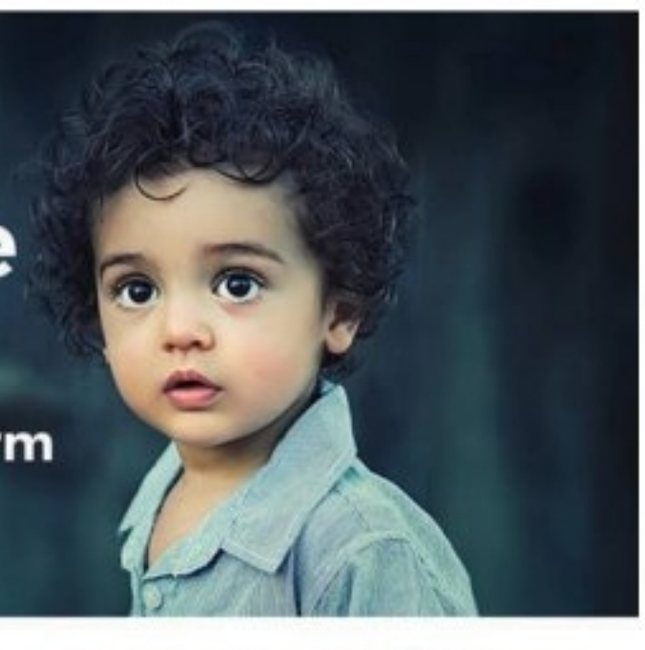

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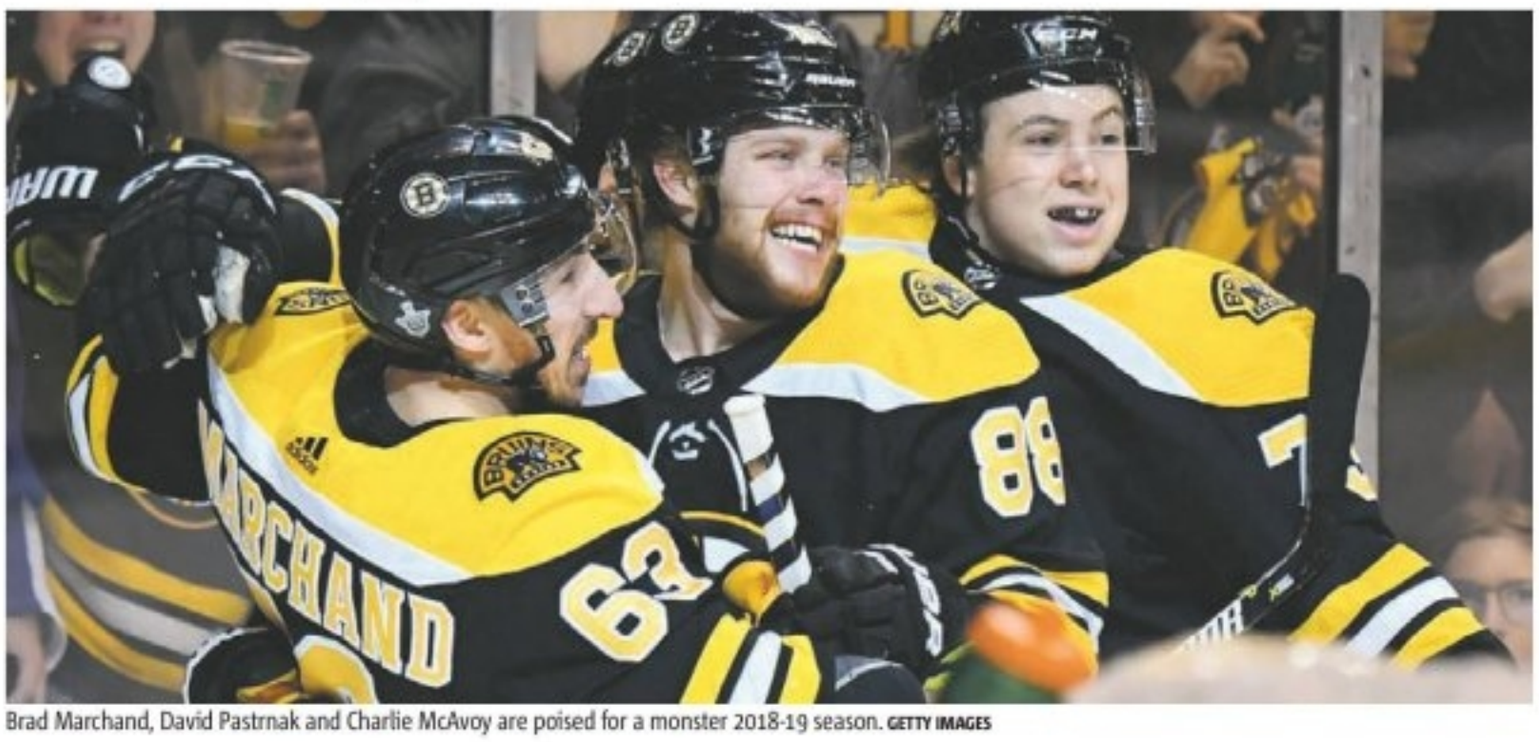

Brad Marchand, David Pastrnak and Charlie McAvoy are poised for a monster 2018-19 season. GETTY IMAGES

Since Bruce Cassidy replaced Claude Julien as the Bruins head coach on Valentine's Day 2017, Boston has shown significant improvement in a relatively short amount of time. From 95 points and a wild card spot in his first season, to 112 points last season (first full year in charge) and the second-best record in the Eastern Conference, it's clear that the B's are a team on the rise in the NHL. After losing to Ottawa in the first round two seasons ago and bowing out to Tampa Bay in the second round last spring, an expectation of advancing another round to the Eastern Conference Finals should be a reasonable goal for the Black and Gold in 2018-19. Furthermore, if some important things go their way — health to key players, steady goaltending, no long losing streaks — there is no reason that the Bruins can't be planning a Duck Boat parade in Boston and hoisting the Stanley Cup in June.

Asked at Bruins media day on Monday what it'll take to have another solid season, Cassidy said, "I think we need growth from our guys from our first year into the second year. We need good health. We've already taken one hit (Torey Krug being out for at least 3 weeks with another ankle injury) so that will catch up to you eventually as well. A better start than last year, so I'd say that it's more on us. Clearly every year there are teams that get better, and some regress, so we can't worry too much about them. Take care of our own business."

The influx of young talent last year with forwards Jake DeBrusk and Danton Heinen, along with defensemen Charlie McAvoy and Matt Grzelcyk, helped stabilize a team that had been lacking in that department for years.

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Moving forward, you have a pretty good idea of what to expect from top-notch players like Patrice Bergeron, Brad Marchand, David Pastrnak, Zdeno Chara and Tuukka Rask. Like Cassidy says, the fate of this edition of the Bruins will likely be determined by what they can get out of rookies like forwards Anders Bjork and Ryan Donato, plus defenseman Urho Vaakanainen.

Boston opens against the defending Stanley Cup Champion Capitals on Wednesday (7:30 p.m., NBC Sports) in D.C. They follow that up with their first Atlantic Division meeting of the season-in Buffalo on Thursday (7 p.m., NESN). That's followed by a three-game homestand next week against Ottawa, Edmonton and Detroit. The B's have a great opportunity to rack up tons of points early as only two of their 12 games in October are against playoff teams from last spring. This should ease the pressure on the rookies. According to Tuesday's practice lines, Donato was on the third line, Bjork was on the fourth line and Vaakanaien was an extra defensemen. Cassidy has the luxury of putting them all in secondary roles to begin the season with the knowledge that soon enough, they could be pushing established veterans for more ice time in all game situations.

2018-19 NHL season preview

It's amazing how much can change in a couple months.

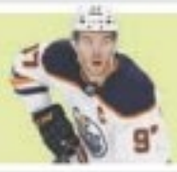
The 2018-19 NHL season begins tonight with one of the greatest rivalries in hockey as the Canadiens meet John Tavares and the new-look Maple Leafs. It's just an appetizer as a half-hour later, the reigning Stanley Cup-winning Capitals will raise their first-ever championship banner against the Bruins in the nation's capital.

Hockey fans are gearing up for a season that should see a heated race in the Atlantic Division between Boston, Toronto and the Tampa Bay Lightning, struggles for the New York Islanders and Rangers and a ton of promise in Philadelphia from the Flyers.

Here is how we think the season will play out.

JOE PANTORNO

HART TROPHY
CONNOR MCDAVID



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OPINION

BILL DUBIEL

Bill Dubiel is a fantasy football expert at Rotoballer.com and Metro.us.

Fantasy football advice ahead of Week 5 of the NFL season.

Raiders finally raiding

Derek Carr has finally woken up the Raiders offense after a dreadful 2017 campaign. Carr has established a pretty solid floor for himself in 2018, with no fewer than 288 passing yards in any game this season. He finally busted out with 400+ yards and four touchdowns in Week 4, and with a full complement of weapons around him he should be able to continue to succeed from a fantasy perspective. It's certainly worth mentioning that he leads the league in interceptions (7) through four weeks, but you'll take that trade-off when it comes with high passing yardage. He likely shouldn't be anyone's starting quarterback, but if you're looking for a bye week replacement or a bench stash in case of injury, Carr should be pretty firmly in the QB15-QB20 range for the rest of the season, and comes with plenty of upside to go even higher every now and then.

The best RB in Indy

The case for Nyheim Hines is pretty simple: There's nobody more talented than him at the position on his team. Marlon Mack can't stay healthy and hasn't been productive when he has been on the field, and Jordan Wilkins is the definition of a plodding back with almost no upside. Hines, on the other hand, has speed to burn and great hands, and is making for a valuable flex option catching passes out of the Indianapolis backfield. He may only get four or five carries per game, but that's not what you care about. He's seeing plenty of targets from Andrew Luck, and if he's tallying 5-10 catches a week (with some coming around the goal line) then he's got much more value than any of his backfield mates. The Colts offensive line (or lack thereof) lends itself to his skill set even more; if Luck is constantly under pressure, he'll need somebody to dump off to. Hines is his man, and he should be your man as well.

Risk over reward

Leonard Fournette is a strong, talented, punishing tailback who can certainly be a dominant force when he's on the field. Unfortunately for him and his fantasy owners, he can't stay on the field. We are now in a second season of waiting each week to see whether his seemingly perpetual "questionable" tag evolves into a "doubtful" tag, and I'm here to advise that the risk isn't worth it. If you own Fournette, now is the time to cash out before he suffers something more lasting or severe. See what you can get for him in a trade. The high draft capital and name value should still carry plenty of weight, so shop him out and see if you can't pick up a talented lower-tier back — Aaron Jones of the Packers is a good target, for example.

NFL Sleepers of the Week

Hayden Hurst, TE, Baltimore Ravens – At a position ravaged by injury, you have to go deep. Hurst is finally healthy enough to play, and could have an immediate role in the clicking Ravens offense.

Nyheim Hines has turned it on for the Colts. ALL PHOTOS GETTY IMAGES

Keke Coutee, WR, Houston Texans – Will Fuller reaggravated the hamstring injury that bothered him this past summer, and that opened the door for Coutee to step up. He did so to the tune of 11 catches for 109 yards, and as long as Fuller is out with the injury he'll be the clear No. 2 option for DeShaun Watson.

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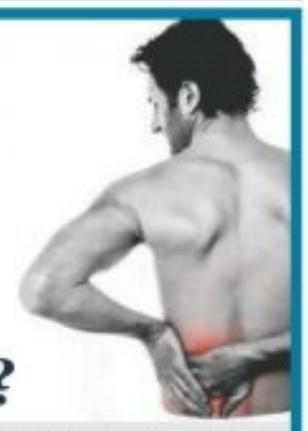

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17-001546

September 19, 2018, September 26, 2018 and October 3, 2018.

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Ronald W. Fitts Jr. to Option One Mortgage Corporation, dated May 4, 2006 and recorded with the Suffolk County Registry of Deeds at Book 39554, Page 1, subsequently assigned to Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-OPT4, Asset-Backed Certificates, Series 2006-OPT4 by Sand Canyon Corporation fka Option One Mortgage Corporation by assignment recorded in said Suffolk County Registry of Deeds at Book 50541, Page 29 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 10:00 AM on October 24, 2018 at 11-13 Wakullah Street, Boston (Roxbury), MA, all and singular the premises described in said Mortgage,

TO WIT:

The land with the buildings thereon situated in Roxbury, Suffolk County, Massachusetts know as and numbered 11-13 Wakullah Street and being shown as Lot A on a plan entitled "Plan of Subdivision of Land at Wakullah and Rockland Street, Roxbury, MA, dated May, 1924, A.C. Peter C.E.' recorded with the Suffolk County Registry of Deeds in Book 4577 at Page 541 and bounded and described as follows:

SOUTHEASTERLY: by land now or formerly of Anthony and Karoline Barisger, eighty-eight (88) feet:

NORTHEASTERLY: by Lot "E' on said plan, thirty-four and 501100 (34.50) feet; and

NORTHEASTERLY: by Lot "B" on said plan, eighty-eight (88) feet

Containing 3036 square feet of lard accordingly to said plan.

For title see Deed of Roscoe F. Robinson, Jr. dated September 29, 2000 and recorded in Book 25418, Page 130.

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

Deutsche Bank National Trust Company, as Trustee for Soundview Home Loan Trust 2006-OPT4, Asset-Backed Certificates, Series 2006-OPT4
Present Holder of said Mortgage,
By Its Attorneys,
ORLANS PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
17-011720

October 3, 2018, October 10, 2018 and October 17, 2018

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Mammie I. Hall and Elaine Cannady to Mortgage Electronic Registration Systems, Inc., as nominee for Mortgage Network, Inc., its successors and assigns, dated November 7, 2005 and recorded with the Suffolk County Registry of Deeds at Book 38466, Page 77, subsequently assigned to Deutsche Bank National Trust Company, as Trustee for Home Equity Mortgage Loan Asset-Backed Trust Series INABS 2006-A, Home Equity Mortgage Loan Asset-Backed Certificates Series INABS 2006-A by Mortgage Electronic Registration Systems, Inc., solely as nominee for Mortgage Network, Inc., its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 59512, Page 134 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 11:00 AM on October 10, 2018 at 42 Angell Street, Boston (Dorchester), MA, all and singular the premises described in said Mortgage,

TO WIT:

That certain parcel of land, with the buildings thereon, situated in that part of Boston, formerly West Roxbury, County of Suffolk and Commonwealth of Massachusetts, being now known as and numbered 42 Angell Street, and being shown as Lot containing 5,394 square feet and the southerly half of lot entitled, "Remainder of Lot 8" on a plan entitled, "Plan of Land in Boston (West Roxbury)," dated December 30, 1919, made by S. L Leftowith, Surveyor, recorded with Suffolk Deeds in Book 4191, page 464, being together bounded and described as follows: NORTHEASTERLY: by Angell Street, sixty (60) feet; SOUTHEASTERLY: by Lot 7 on said plan, one hundred thirty-five and 43/100 (135.43) feet; SOUTHWESTERLY: by land of owners unknown, sixty and 2/100 (60.02) feet; and NORTHWESTERLY: by land of owners unknown, one hundred thirty-three (133) feet, more or less. For title reference, see deed recorded with said Registry of Deeds Herewith.

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

Deutsche Bank National Trust Company, as Trustee for Home Equity Mortgage Loan Asset-Backed Trust Series INABS 2006-A, Home Equity Mortgage Loan Asset-Backed Certificates Series INABS 2006-A
Present Holder of said Mortgage,
By Its Attorneys,
ORLANS PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
18-005189

September 19, 2018, September 26, 2018 and October 3, 2018

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ACROSS

1 __-together; meeting
4 Grand home
9 Male animal
13 Finished
14 Worship
15 Ray of __; tiny sign that things may improve
16 Craving
17 Scandinavian capital
19 Missed __ mile; wasn't even close
20 Exposes
21 Went skyward
22 __-up; big person
24 Baby goat
25 Spirited horses
27 Against
30 Homey
31 Like melted marshmallows
33 "__ so fast!"; words to the hasty
35 Matures
36 Inch along
37 Skin mark
38 Fellow
39 Longfellow & Kilmer
40 Item in the trunk
41 Like the sky on a clear night
43 Few and far between
44 Can top
45 Terre __, IN
46 San Antonio tourist stop
49 __ foolishly; squander
51 __ double take; look twice
54 Unable to tell green from red
56 Flying saucers, for short
57 Throw
58 Small weight
59 Soft drinks
60 Blemish
61 1 of 7 deadly sins
62 Men with namesakes: abbr.

DOWN

1 Bloody, like a horror film
2 Betrothal
3 Golf ball support
4 Large parrots
5 Decorate
6 Slangy refusal
7 Raw minerals
8 Cartoon pooch
9 Bits of broken glass
10 African nation
11 Jungle beasts
12 Wilder, for one
13 Give a nickname to
18 Unlike a bald head
20 Corpse
23 NFL officials
24 __ over; faint
25 Pyramid scheme
26 Robes for Caesar
27 Solemn promises
28 Neglected
29 Flies high
31 Western writer Zane
32 Cereal grain
34 Sequoia or spruce
36 Drape puller
37 Quarrel
39 Previous criminal conviction
40 Potato
42 Just about
43 Smoothed wood
45 Therefore
46 __ up; misbehaves
47 Noose
48 In addition
49 Disparaging remark
50 Yearn
52 Klutz's word
53 Burro
55 Swamp
56 FedEx rival

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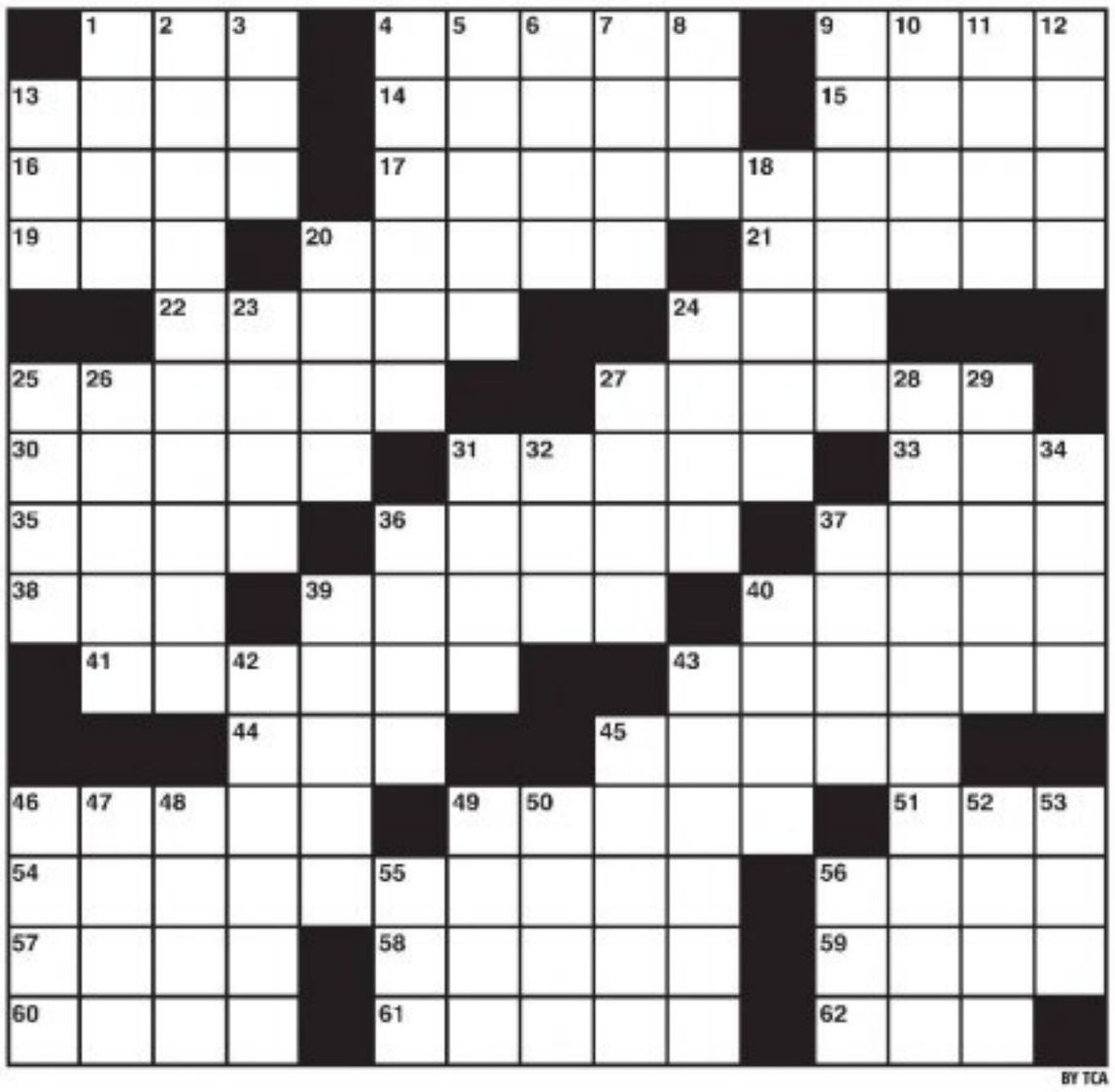

BY TCA

metro.us/sudoku

					2	3		
1				4			9	7
	7				6	1		
	8				1		7	5
			3		5			
6	2		8				1	
		7	2				4	
4	1			7				8
		8	1					

metro.us/horoscopes

Aries Start a dialogue with someone who can help you with the lifestyle changes you want to make. A debate will give you plenty to think about and will help lead you to make a wise choice.

Taurus An emotional shock is best controlled. Anger will not help and may lead to a change of heart. If you love someone, give him or her space to think matters through.

Gemini Work hard, play hard and don't get caught up in what others do. Gossip could lead to a costly mistake that will disrupt your relationship with someone in charge.

Cancer How you approach others will make a difference. Use your imagination and charm to attract someone you'd like to do business with or get to know better.

Leo Say what's on your mind and discuss your intentions and plans with others. It's best to have approval before starting something so you can avoid setbacks.

Virgo A change at home or to your lifestyle will lead to interesting developments. Children and people from your past will offer intriguing alternatives.

Libra Consider the best way to get a job done and get moving. Taking a unique approach will be a learning experience and will leave a lasting impression.

Scorpio Take a break to gain perspective on something you are trying to accomplish. An emotional situation can be resolved if you do something thoughtful that others will appreciate.

Sagittarius Use your strength, knowledge and experience to help you get things done on time. You can ward off a change you oppose by stepping up and taking the reins.

Capricorn Put a new spin on the way you treat someone you work or live with to convince him or her to accept, or at least try, the changes you are considering.

Aquarius Stick to what you know and can afford. Refuse to let changes that someone else is making disrupt your plans. Say no to a costly joint venture.

Pisces Put all your ideas on the table and consider your best plan of attack. A kind gesture will win favors as well as someone's heart. EUGENIA LAST

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P	R	E	Y	■	I	R	R	A	T	I	O	N	A	L
E	S	S	■	B	E	S	T	■	■	S	P	E	N	T
■	■	T	A	U	N	T	■	■	M	A	E	■	■	■
A	P	H	I	D	S	■	■	B	E	A	S	T	S	■
R	E	E	L	S	■	F	R	A	N	C	■	R	P	M
M	A	T	S	■	D	R	E	A	D	■	T	I	L	E
S	K	I	■	B	E	E	P	S	■	T	H	A	I	S
■	S	C	O	R	E	D	■	■	A	G	E	N	T	S
■	■	■	P	O	D	■	■	S	L	I	N	G	■	■
I	N	D	I	A	■	■	G	O	L	F	■	U	N	O
R	O	U	N	D	A	B	O	U	T	■	P	L	E	A
K	N	E	E	■	H	E	A	T	H	■	E	A	S	T
S	O	L	D	■	A	T	T	H	E	■	A	R	T	S

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